

**Sawtooth Mountain Clinic Hours:**

Monday-Friday 8 am-5 pm

Saturday 8 am-12 noon

After Clinic Hours, or on closed days,

Call the Hospital, 387-3040.

911 Emergency Service available

24hrs/day/365 days per year.

**The Clinic is closed on:**

Sundays, Christmas Day, New Year’s Day, Memorial Day, Independence

Day,

Labor Day & Thanksgiving Day.

513 5<sup>th</sup> Ave West

Grand Marais, MN 55604

218-387-2330, Fax: 218-387-1278



**Grand Portage Health Services**

**Hours:**

Monday-Friday 8 AM-4:30 PM

62 Upper Road, PO Box 428

Grand Portage, MN 55605

218-475-2235

**Privacy:** The Clinic staff respects the privacy of all patients. Except when required by law, no medical information will be released by the Clinic without the patient’s signed permission.



**Sawtooth Mountain Clinic**

The Clinic is a private, non-profit corporation. It is paid for by medical fees, gifts, grants and a small rental income from some of the facility.

Sawtooth Mountain Clinic is a primary health care center that provides comprehensive medical care for general medicine, prenatal, obstetrical, pediatric and emergency needs to all people regardless of their financial ability to pay for service.

The Clinic has a volunteer Board of Directors who is responsible for its operating policy. Thanks to strong public acceptance and support, the Clinic is a model for rural health care. It is a **Federally Qualified** Community Health Center and has operated successfully under its present corporate structure since 1979.



Sawtooth Mountain Clinic

&

Grand Portage Health Services

Your *Health Care Home* on the North Shore



Let us join you on *your* road to improved health and quality of life.

## What is a Health Care Home?

A **health care home** isn't a building—it's a way of offering the best care possible. Think of it as a team in which you, the patient, work together in partnership with your clinic to improve your health. The health care home model is patient and family centered and functions as the hub of a wheel, the center of all the connections you need.

## What can a Health Care Home offer me as a patient?

- + Assistance to schedule timely appointments with your primary care provider whenever possible.
- + Assistance in setting health goals and connection with other services and resources that can help you reach these goals.
- + Education on the medications you are taking as well as instructions and demonstrations on the use of medications when necessary.
- + Arrangement of transportation services
- + Referrals for billing assistance and outside appointments



## Who is eligible for Health Care Home services?

Every person who walks through our doors is eligible for these services. In fact, you shouldn't even think of it as "services" but, instead, as the care you can expect to get from Sawtooth Mountain Clinic. Your health is our priority and we hope you will find the Health Care Home model helps us focus on our priority.

## Care Coordination

An additional service offered through the Health Care Home model is Care Coordination. A Care Coordinator is a registered nurse who is committed to partnering with you in achieving your best health; think of them as a health coach. If you decide to enroll in care coordination services, you will meet with your Care Coordinator regularly, as often as needed. Together, you will create a care plan—a plan of care that helps you reach your health goal. Your Care Coordinator will offer guidance and support to help keep you on track with your health care goals. If you would like to enroll to receive Care Coordination services, talk with your provider. They will connect you with a **Care Coordinator** and your journey to better health will begin!

## I still have questions. Who can I talk to?

If you are interested in learning more about the Health Care Home model or about participation in Care Coordination services, talk with your provider.



Check out our website:  
[www.sawtoothmountainclinic.org](http://www.sawtoothmountainclinic.org)  
for more information.